



March Read Across Iowa Home Activity Calendar

Book to Read

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



From Strawberries to Jam
By Lisa Owings

2 Read or Listen to the story

3 Try Strawberries. Use your five senses to explore.

4 Watch A Visit to Annie's Acres Strawberry Farm in Bellevue, Iowa

5 Read out loud with a family member or friend

6 Think and share as a family: Besides jam, what else could you make with strawberries

7 Try two different fruits and find the seeds in both of them to compare

8 Learn how to read a recipe and make a berry yogurt parfait like [this](#)



My Family's Apple Farm
By Katie Olthoff

9 Read or Listen to the story

10 Try different types of apples and compare them

11 Watch Choose Iowa's video from Apple Blossom Farms

12 Make applesauce

13 Think and share as a family: How would I care for an apple tree if I had one ?

14 Happy Pi Day! Make a pocket apple pie for a snack or dessert

15 Bundle up and take a walk as a family



The Vegetables We Eat
By Gail Gibbons

16 Read or Listen to the story

17 Try a spring vegetable like spinach

18 Explore Growing Plants in Space

19 Draw a superhero vegetable

20 Think and share as a family: What new vegetable would you like to try?

21 Game night! Play fruit and vegetable BINGO with your family

22 Make roasted vegetables as a side for dinner



Farmer Eva's Green Garden Life
By Eva Sommaripa and Jacqueline Briggs Martin

23 Read or Listen to the story

24 Try two different types of herbs and compare them

25 Learn about how Soil is Alive here

26 Garden Yoga

27 Think and share as a family: What would you grow in your garden

28 Learn about local foods and where to find a farmers market near you

29 Make Herby Pesto Pasta like this [recipe](#) or use store bought pesto for your pasta



Choose your own book of the week

30 Go to the Library and check out a book

31 Time to be brave! Try any new fruit or vegetable

1 Learn about the resources your library has to offer

2 Set a family reading goal for April and write it down to track

3 Think and share as a family: If I were to write a book, what would it be about?

4 Try a frozen or canned vegetable with your dinner. They are just as nutritious as fresh!

5 Make frozen yogurt bark with your favorite fruits for dessert

More Resources

Click the underlined words to go to the website

K-2 Lessons

- [A Taste of Leafy Greens](#)
- [Eating Plants](#)
- [Snappy Stems](#)
- [Dig 'Em Up](#)
- [Fabulous Flowers](#)
- [Freshest Fruits](#)
- [Supreme Seeds](#)
- [Edible Plant Game](#)
- [Fruit and Vegetable Bingo](#)
- [Plant Tops and Bottoms](#)
- [The Seed Match](#)
- [Parts of a Plant](#)
- [Fruta vs Verdura](#)
- [Mindful Tasting](#)

3-5 Lessons

- [Luscious Leaves](#)
- [Edible Plant Game](#)
- [Edible Numbers](#)
- [FoodMASTER: Vegetables](#)
- [My Life as a Fruit or Vegetable](#)
- [Vegetables: Tops and Bottoms](#)
- [Plant Parts We Eat](#)
- [Parts of a Plant](#)
- [Pinpointing Plant Parts](#)

4th-12th Lessons

- [Don't Toss It Grow It](#)
- [4-H STEM - Strawberry DNA Extraction](#)
- [March Seed Starting](#)
- [Seed Germination Necklace](#)
- [Watch Me Grow](#)
- [Reducing, Re-using and Recycling in the Garden](#)

Plants in Space

- [Space Station Live: How Does Your Garden Grow in Space?](#)
- [Our World: Systems to Grow Plants in Space](#)

Farm Chats and Other Events

Watch the IALF [Website](#) and [Facebook](#) for more information

Recipes

- [Fruit Salsa](#)
- [Cinnamon Chips](#)
- [Strawberry Freezer Jam](#)
- [Crunchy Apple Roll-up](#)
- [Spring Vegetable Sauté](#)

- [Fruit and Vegetable Coloring Pages](#)

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