

Name: \_\_\_\_\_

Circle one:      Pretest

Post-test

# Show what you know!

*Take this short quiz before you read Ag Today, then again after reading the magazine. See the improvement!*

1.

Explain why eating a variety of foods is an important part of a healthy diet.

2.

Insects are eaten in some cultures as food. Circle one: True      False

Explain why you think this.

3.

Most pigs in Iowa are raised in barns. This protects them from

\_\_\_\_\_ and \_\_\_\_\_.

4.

What internal temperature should pork be cooked to kill potential bacteria?

a. 100 degrees Fahrenheit

b. 145 degrees Fahrenheit

c. 165 degrees Fahrenheit

5.

Which of the following states is the top pork producing state?

a. Illinois

b. Florida

c. Iowa

6.

Many people work with pigs in their career. Which of the following people work with pigs?

a. Veterinarian    b. Pork Buyer      c. Farm Manager    d. All of these

7.

Some people get half of their calories from grain! If you ate 2,870 calories each day, how many calories would come from grains like bread and rice? Show your thinking process.

8.

Describe one vitamin or mineral people need in their diet and where it can come from.

