The California Pizza
Ingredients

- Wheat
- Tomato
- Cheese
- Potato chips
- Bacon
- Snap peas
- Turkey pepperoni
Wheat comes from farms in Kansas. It traveled 375 miles to Iowa. Wheat takes 6 months to get from the platform, to the mill, to the store.
Tomatoes come from California, they traveled 1,772 miles to Iowa. China is the largest producer of tomatoes.
Cheese comes from Wisconsin, it traveled 375.7 miles. Cheese is healthy because it gets pasteurized. Pasteurizing is when milk gets heated up and cooled down very quickly. Pasteurizing takes away harmful bacteria. Cheese is high in vitamins D and K2, it is also high in calcium.
Turkey pepperoni is healthy because it is not fatty, it is a lean protein. Iowa is ranked 7th in the USA in turkey production, at 12 million turkeys.
Bacon is produced in Iowa. Iowa produces more pigs than any other state in the USA.
Snap peas are healthy because they have a lot of fiber.