Botanical name

*Lavendula angustifolia*

Size

2-3 feet tall and 2-4 feet wide

When does it bloom?

Mid-summer

What color are the flowers?

Blue to purple

Hardiness Zone

5-8

Where does it grow?

English Lavender can grow in windy areas with poor, sandy soils. It is a very hardy plant and can withstand rough conditions! The plant originally came from the Mediterranean.

What does the plant need to grow?

English Lavender needs well drained soils and should be grown in an area with a lot of sunlight. They don’t need watered very often when they are adult plants, because they are drought tolerant. They also need 1-3 feet of space from other lavender plants.

What is the lavender used for?

English Lavender has a sweet smell that can be used in fragrant items like lotions, perfumes, and room sprays. It can also be used for cooking or baking items like lavender sugar cookies! English Lavender also has anti inflammatory properties, so many believe it can soothe bug bites and headaches.